

3 Raggy Hearts Bowl Fillers

Sew Practical Pattern 001

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Supplies:

Fat Quarters of 3 coordinating fabrics

Clean toothbrush

General sewing supplies

Fiberfil

Optional embellishments

Optional fragrance

Directions:

Read instructions thoroughly before beginning. Wash and press your fabric as needed. Trace the heart patterns onto fabric per the following instructions then cut hearts out. From fabric #1, cut 2 large, 2 medium and 2 small hearts. Repeat for fabrics # 2 and #3.

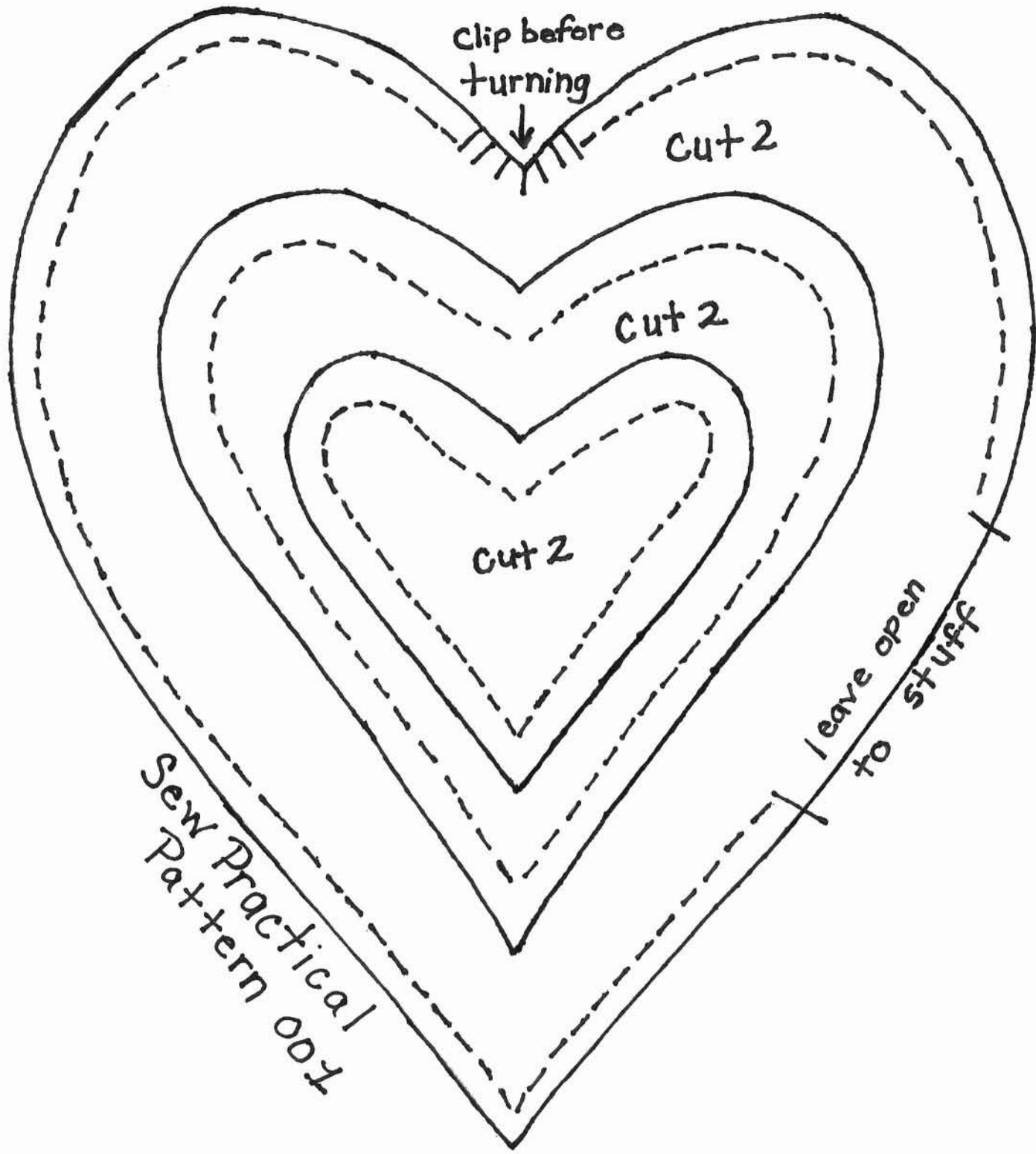
To create each heart, center two (2) medium hearts from fabric #1 and two (2) small hearts from fabric #2 RIGHT SIDE UP onto the RIGHT side of one (1) large heart from fabric #3. See picture for reference. Use $\frac{1}{4}$ " – $\frac{1}{2}$ " seam allowance to sew the medium hearts on then to sew the small hearts on. Do not tuck the edges under to appliqué. Leave the edges raw to clip later. You have completed the front side of the heart.

Next place the front and back of the large hearts together (RIGHT SIDES TOGETHER). Use a ¼” seam allowance to sew the pieces together leaving open where indicated on the pattern. Clip, turn and stuff the large heart. Repeat the process for heart #2 and heart #3 using the remaining small, medium and large hearts so that you use a different print or solid on each heart. Sew up the openings.

Clip the small and medium hearts being careful not to cut through the seam. Use a clean toothbrush to brush the clipped edges to give them a good raggy look. You may want to do this over a wastebasket.

Congratulations! You’ve made 3 raggy hearts to use as bowl fillers. You may choose to lightly scent your hearts as you stuff them and use them as sachets. Personalize them in other ways by adding your favorite embellishments or by adding ric rac or ribbon for hangers.

Feel free to make as many of these as you please. I would appreciate receiving the credit as the pattern designer if you sell the finished product. Thanks very much.



Clip before
turning

Cut 2

Cut 2

Cut 2

leave open
to stuff

Sew Practical
Pattern 007