

**Sew Practical  
Appliqué Patterns  
Volume 1**

[www.sewpractical.com](http://www.sewpractical.com)  
[mkwilson@chartertn.net](mailto:mkwilson@chartertn.net)

© 2007

Most of the appliqués in this volume are from rag quilt patterns that I offer. Some are every day favorites such as hearts and prim stars that I've added for you to have at your convenience. All compiled into one volume for you. Use them as appliqués, reverse appliquéing, quilting stencils, pillows, ornieis, stitcheries and many other crafting ideas. Please give credit to Sew Practical when selling your items made from these patterns. Please contact us if you have any questions.

In this volume you are receiving a large pumpkin, small pumpkin, large angel face, small angel face, large heart, small heart, large star, medium star, small star, Christmas tree, Christmas wreath and snowman face appliqué patterns/quilting stencils. Use the large heart as wings for the large angel face. Use the small heart as wings for the small angel face. Download my FREE Doll Hair Tutorial for angel hair ideas. You can leave faces blank if you want. Or add facial features according to how you will use them. For example, if you are making potholders, embroider the eyes on instead of using buttons or beads.

**Ragged Appliqués**

When using these patterns as ragged appliqués, trace onto at least 2 layers of fabric for better ragged results. Cut fabric on the trace lines and use ¼" seam allowance to sew appliqués onto quilt squares, potholders, pillows, etc. Some of the patterns have sample placement stitches as a guide. Follow this as a guide for any ragged appliqué technique. Snip the loose edges. You can either wash the completed project or brush the snipped edges with a soft bristle toothbrush to finish the ragging effect.

**Regular Appliqués**

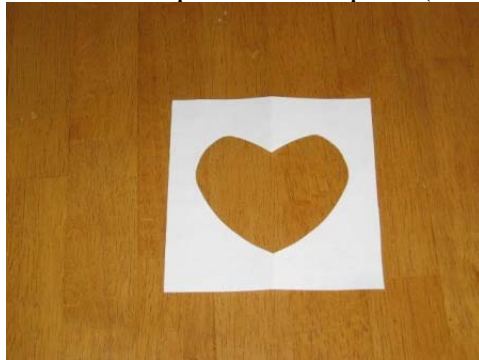
To apply appliqués in a normal fashion, simply trace and cut the appliqué pattern from one piece of fabric (cut from 2 pieces if you can see through the fabric). Sew onto another piece of fabric with a close machine zigzag stitch (or satin embroider the edges by hand) to hold the appliqué in place. If you are beginning to appliqué, you may find that iron-on double sided fusible backing is helpful.

**Reverse Appliqué**

1. Cut 2 squares from coordinating fabric, 1 paper or cardboard template, and optional (but helpful) iron-on double sided fusible backing. **Template and backing need to be the same size square as the fabric squares.**



2. Trace the shape on the template (centered) and cut out the shape.



3. Iron the fusible backing onto the back of the top fabric. Apply as directed on the package.
4. Place the template onto the top fabric. Trace and cut out the shape from the fabric.



5. Remove the protective paper from fusible backing. Iron the top fabric onto the bottom fabric (right sides facing up on both).



6. Sew around the reverse appliqué with satin embroidery stitch or a close machine zigzag stitch.

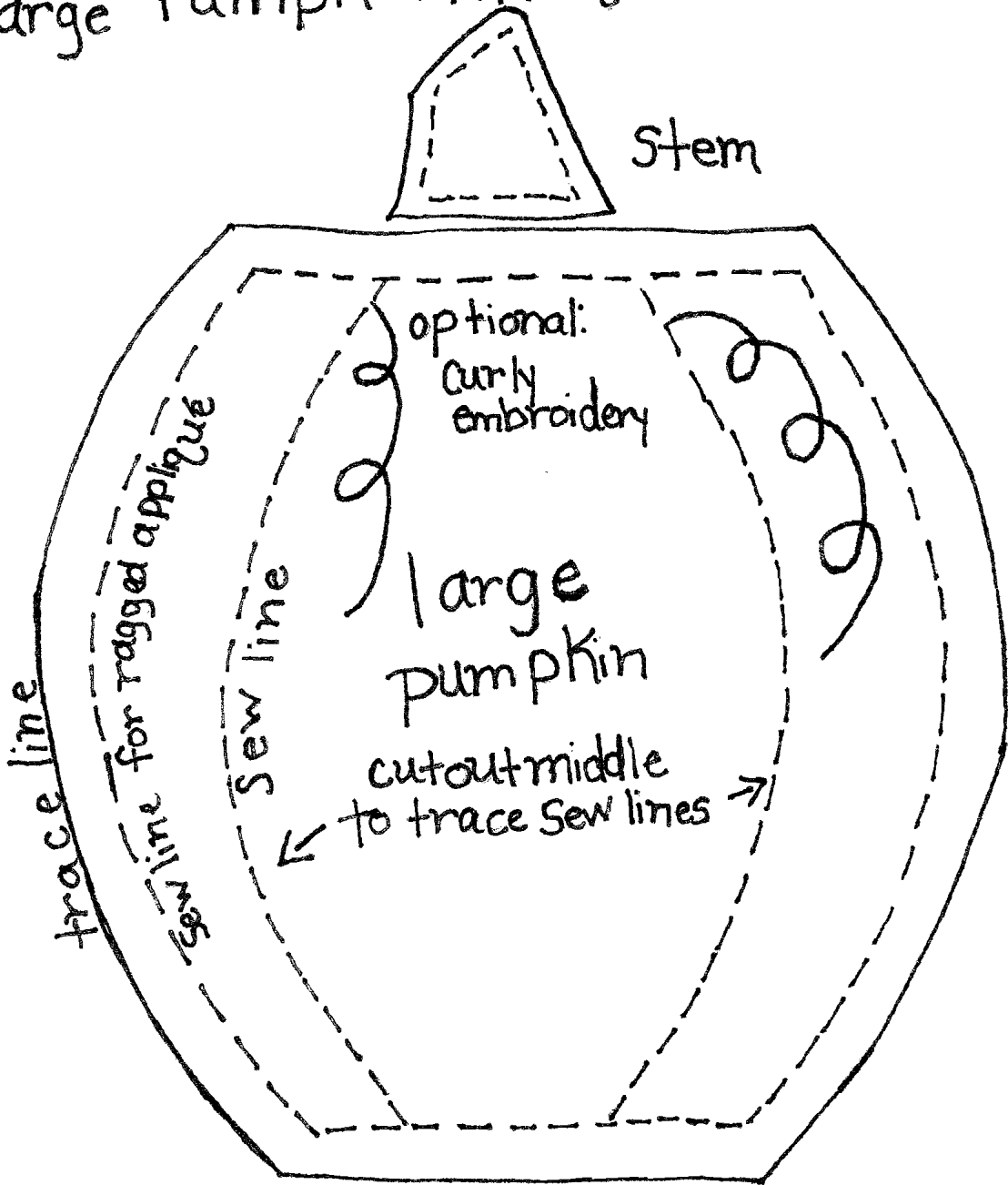


If you choose to reverse appliqué in rag quilt style, be sure to use **at least 2 top squares** for better ragging results. Sew around the edges with regular machine straight stitches using a  $\frac{1}{4}$ " to  $\frac{1}{2}$ " seam allowance from the edges to clip and rag the appliqué. Also download my [FREE Rag Quilting Basics](#) for additional information on rag quilting.

### **Quilting Stencils**

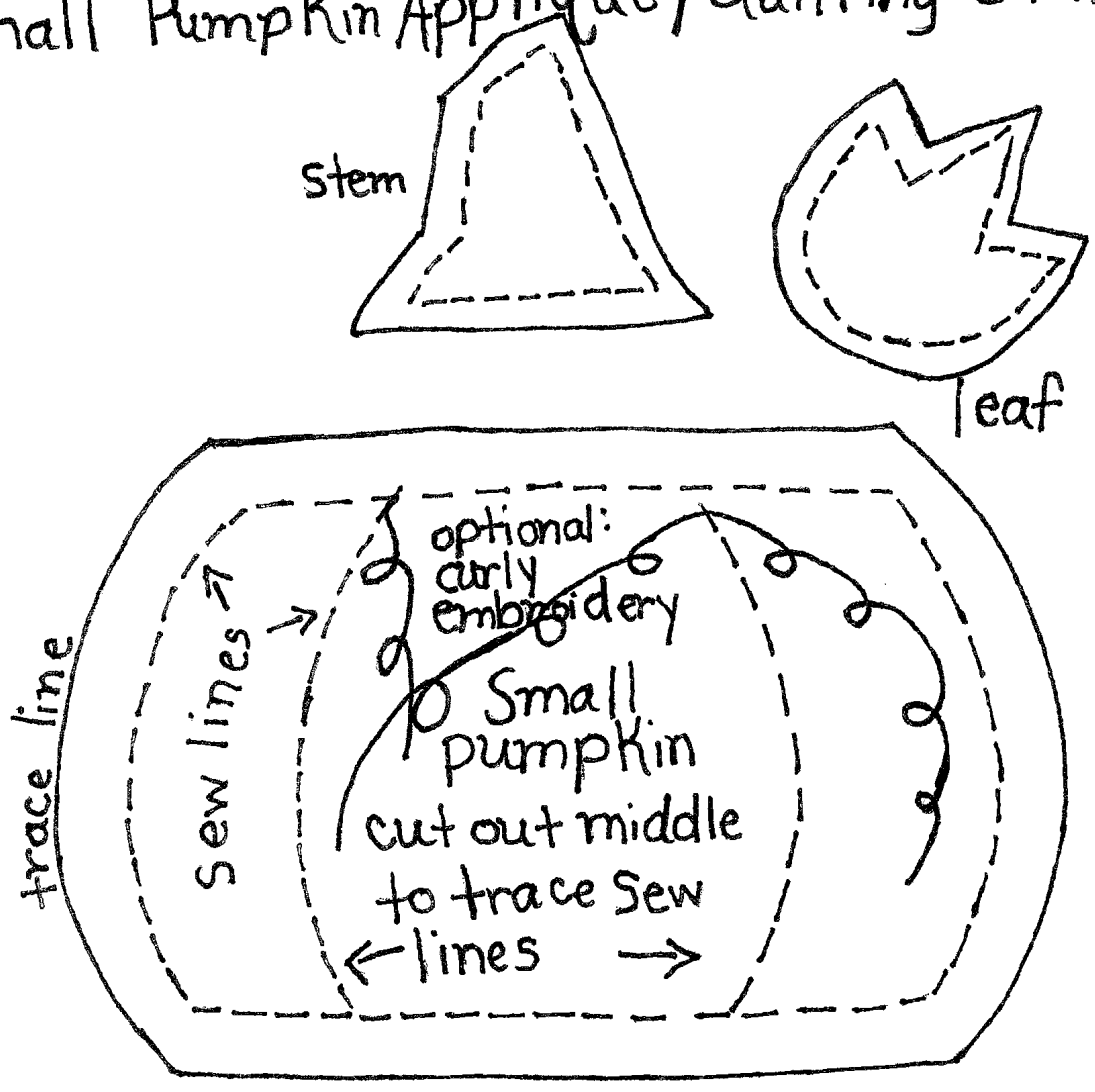
To use these as quilting stencils, trace design onto fabric you want to quilt. Place batting and backing behind the piece(s) that you want to quilt. Hold layers together with quilting pins to avoid shifting. Place stitches around the trace line you made on the top fabric to quilt.

# Large Pumpkin Appliqué/Quilting Stencil



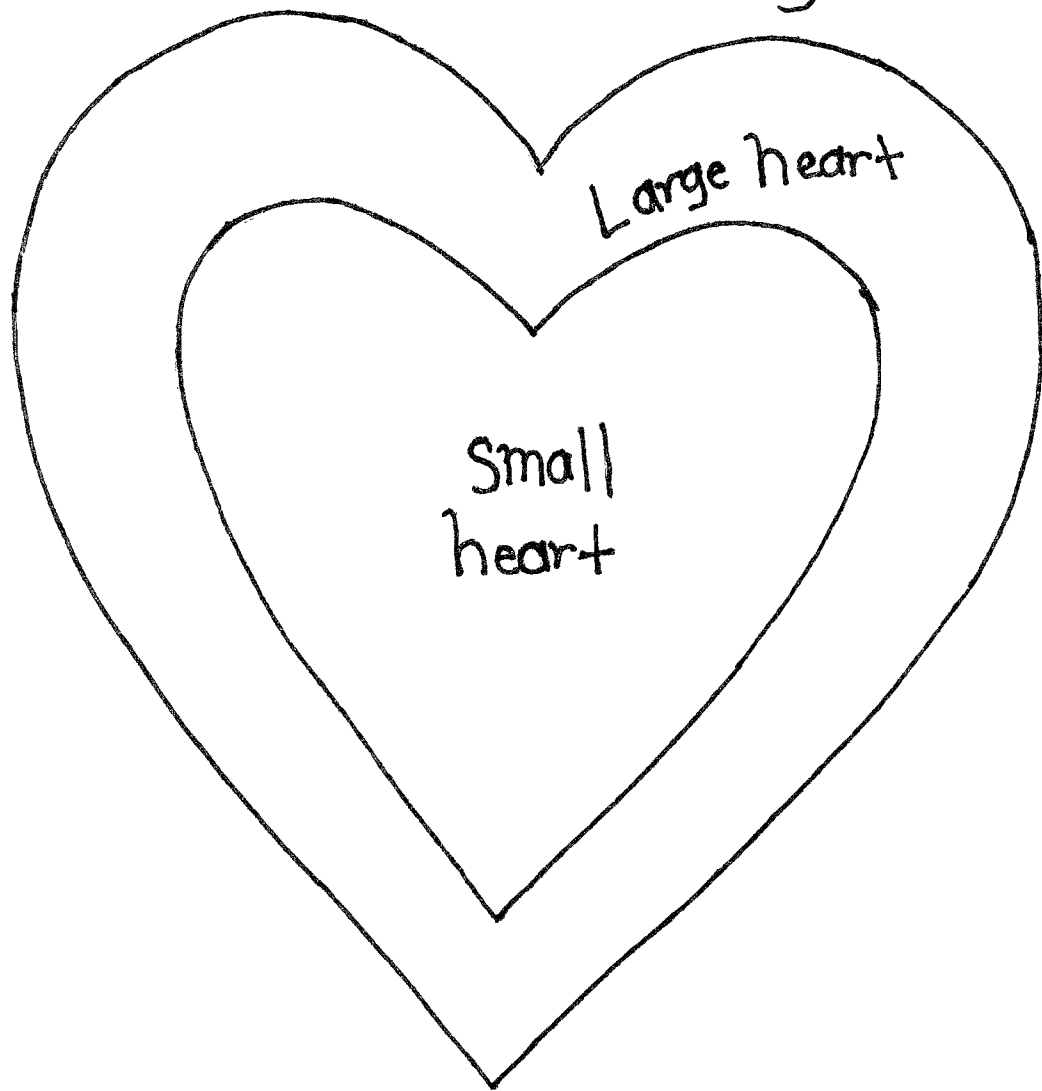
Sew Practical  
Appliqué Patterns  
©2007  
Volume 1

# Small Pumpkin Appliqué / Quilting Stencil



Sew Practical  
Appliqué Patterns  
© 2007  
Volume 1

# Heart Appliqué / Quilting Stencil

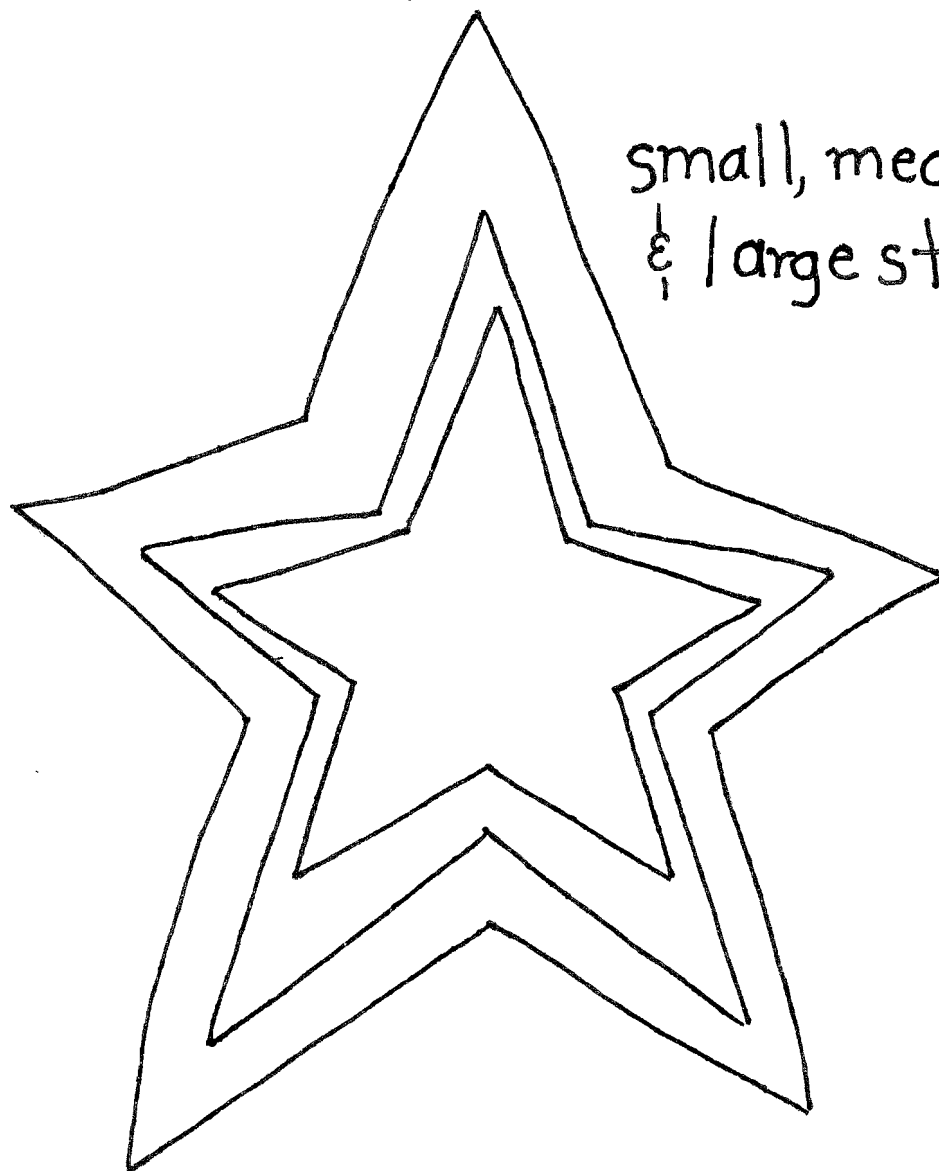


Sew Practical  
Appliqué Patterns

Volume 1

© 2007

# Star Appliqué / Quilt Stencil

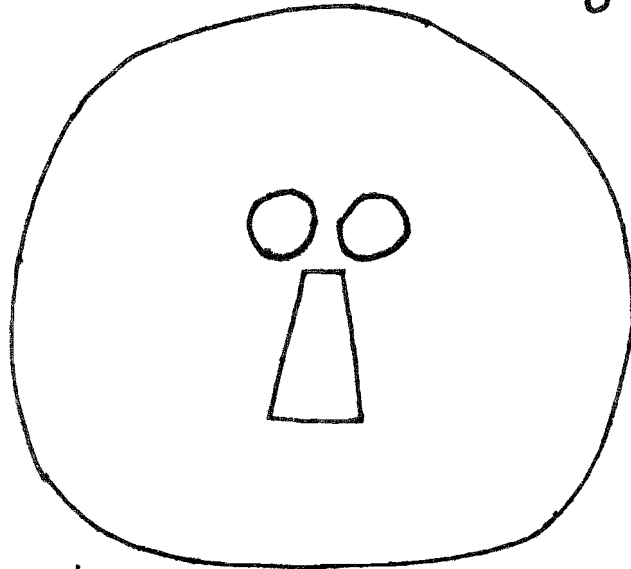


small, medium  
& large stars

Sew Practical  
Appliqué Patterns  
Volume 1  
©2007

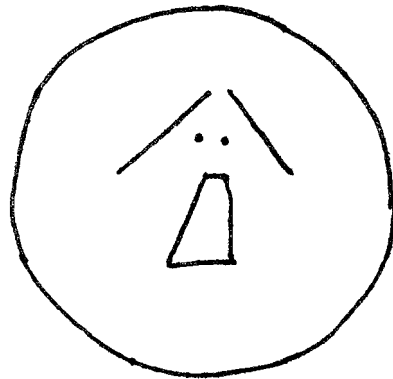
Sew Practical  
Appliqué Patterns  
Volume 1  
©2007

Angel Face Appliqués



Use Large  
heart as  
wings

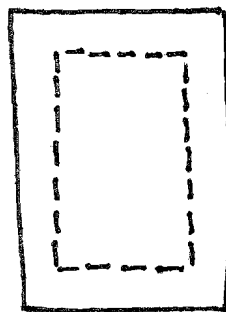
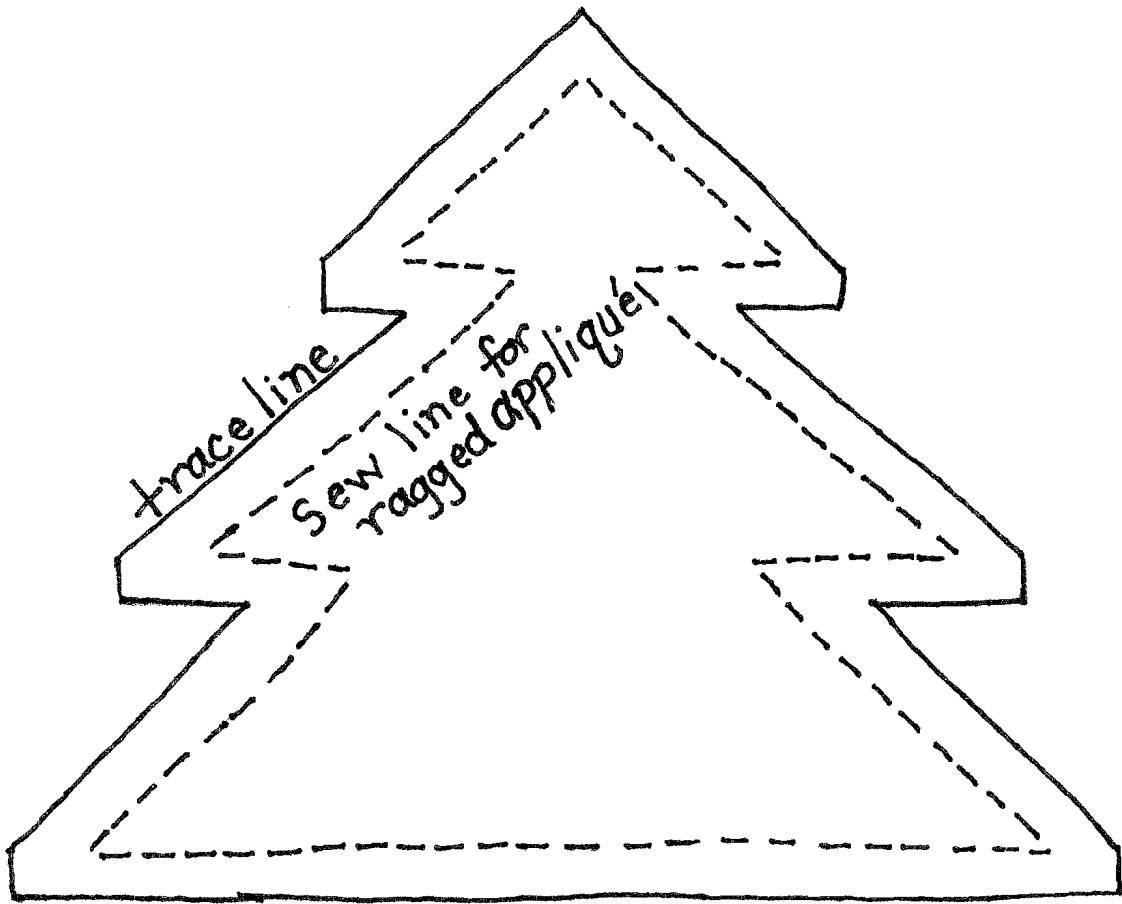
Large Face



Use small  
heart as  
wings

Small Face

# Tree Appliqué / Quilting Stencil



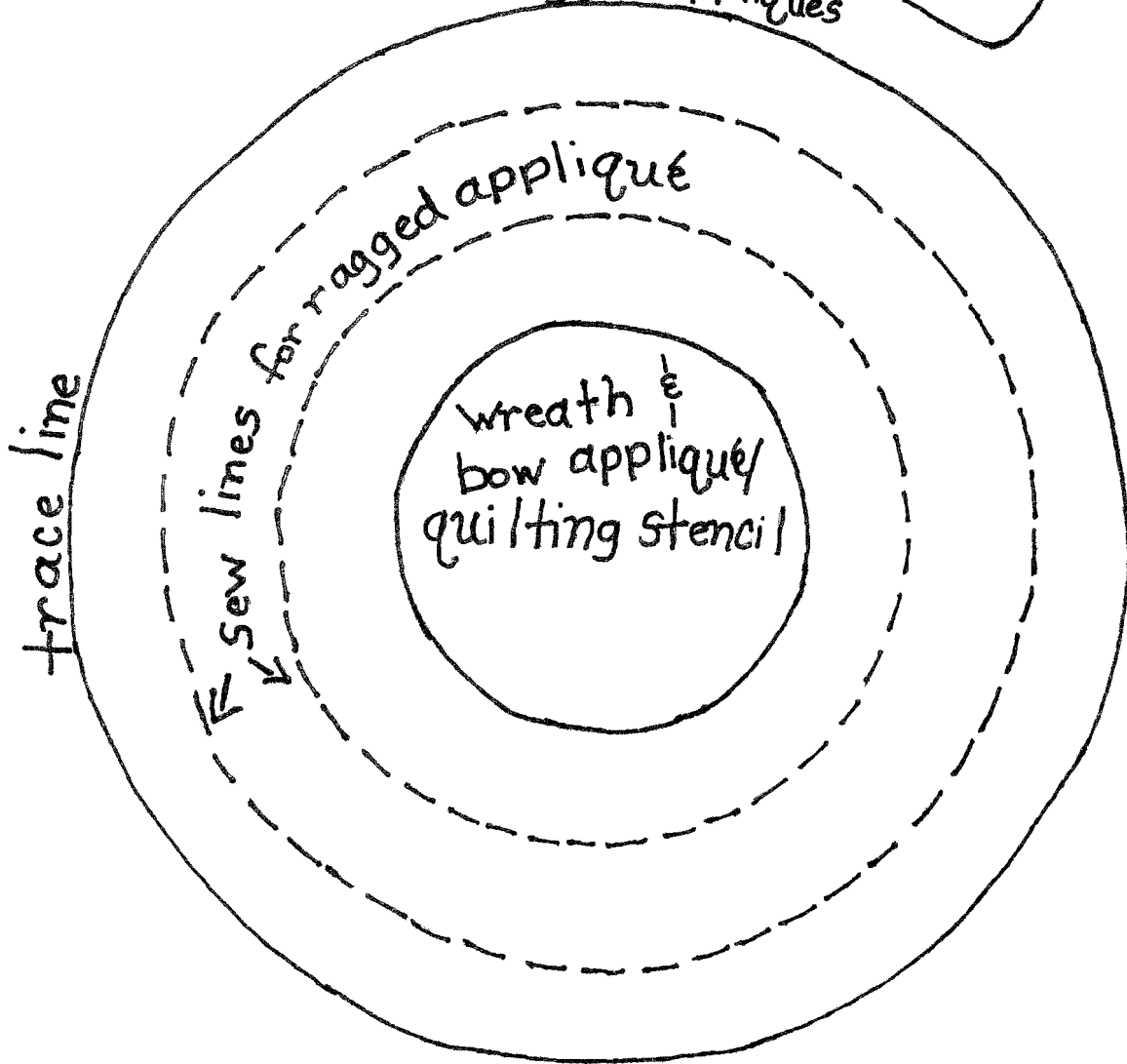
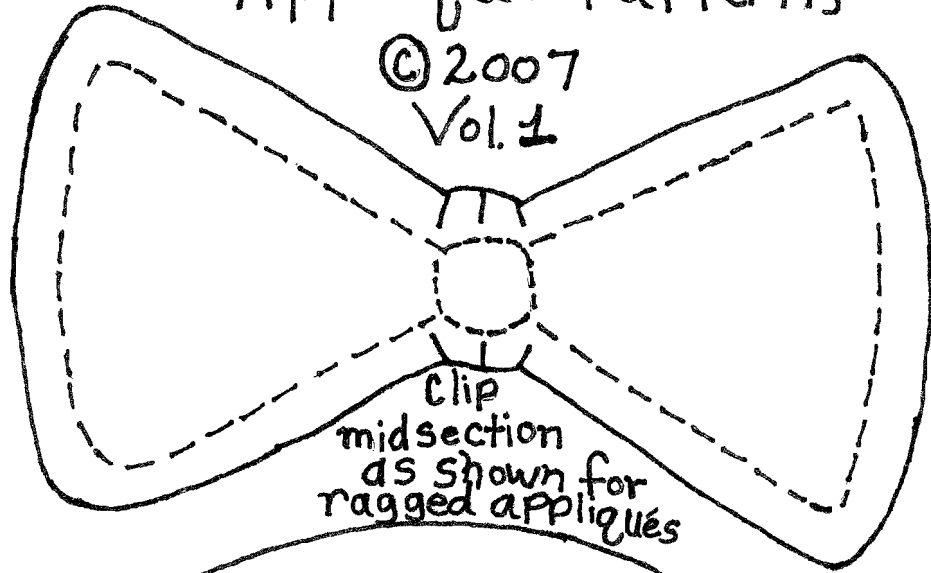
trunk

Sew Practical  
Appliqué Patterns  
Volume 1  
© 2007

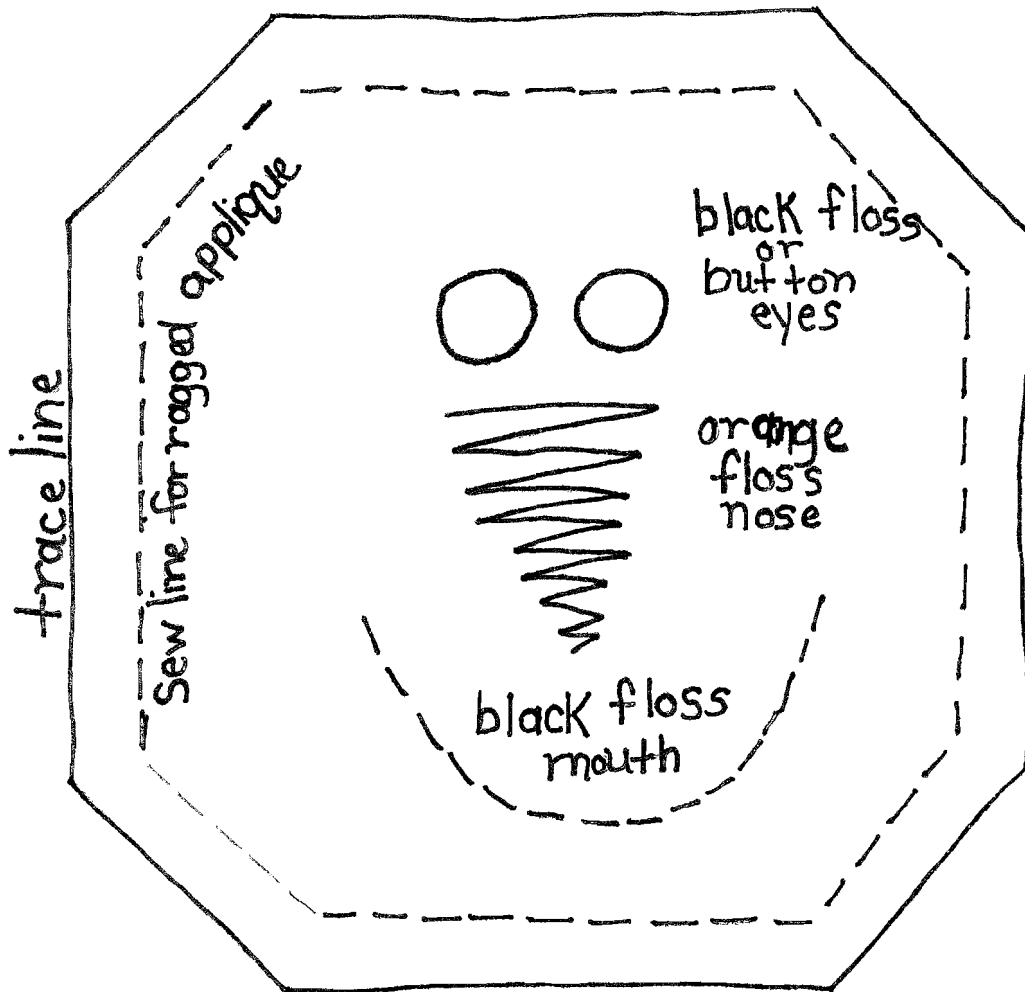
# Sew Practical Appliqué Patterns

© 2007

Vol. 1



# Snowman Face Appliqué



Sew Practical  
Appliqué Patterns

© 2007

Volume 1