

**Sew Practical
Pattern 039
Potholder Tutorial**
www.sewpractical.com
mkwilson@chartertn.net



Read all instructions thoroughly before beginning. Instructions are to make a set of 2 potholders/hot pads. Be sure to use thick cotton batting or add another layer or two of thin batting if you will be using these to handle extremely hot cooking utensils. I will refer to Fat Quarters as FQ in the instructions. A Fat Quarter measures 18" x 22". Use ¼" seam allowance throughout. Do not substitute polyester batting for the cotton batting. Polyester is a plastic synthetic and will melt. **NOTE: When sewing across the loops and around the thicker edges, you will probably need to turn the knob by hand rather than using your foot peddle to avoid breaking your needle.**

Supplies to Make a Pair of Potholders

- 1 Cotton or Wool Fat Quarter for squares
- 1 Cotton or Wool coordinating Fat Quarter for border & Hanging Loops
- Cotton Batting
- 300 yards of Thread
- Sewing Machine helpful
- 2 Bobbins (wound)

Instructions

1. Cut FQ 1 into Four (4) 8" squares.



2. From FQ 2, cut Eight (8) 8" x 1 1/2" strips and Eight 10" x 1 1/2" strips.



3. Also, from FQ 2, cut Two (2) 3" x 4" pieces to create hanging loops from.



4. To make the loops, fold the ends together to meet in the middle. Then fold in half. Sew to hold in place. Your loops will each be 4" x 3/8" when finished.



5. Double the bottom of the loops and sew in place. Set aside.



6. Add 8" strips to each side of the squares.

7. Add 10" strips to the top and bottom of the squares & press seams so the squares will lie flat.



8. Cut Eight (8) 10" squares from batting. Add 2 batting squares to the back of each front square.



9. Place two squares together with right sides together (batting will be on the outside). Place loop into one corner. The loop will be inserted first with the doubled section on the end.



10. Sew around the entire potholder, leaving about 3” open for turning right side out. Please use extra care when sewing over the doubled section of the loop. ***See the red note above at the beginning of the tutorial.



11. Turn potholders right side out. Be sure all the corners & edges are pushed out. Whipstitch the opening closed. Sew around the outer edges. ***See the red note at the beginning of this tutorial.



12. Stitch in the ditch (where the border meets the middle squares) to secure the front and back sections of the potholder.



13. Sew some simple quilt stitches to quilt the middle of the potholders.



14. Your potholders are finished. Congratulations!



Potholders make great gifts throughout the year for any occasion. Add to Mom's Easter basket, give as an extra housewarming gift or hostess gift, and they're very easy to add to stockings. To create hot pads, eliminate the loops. For scented hot pads, add potpourri to the center before sewing the opening closed.

Thanks so much for using our pattern. If you have any questions, please email us at the address given above. You may create and sell finished potholders on your website, auction sites, craft shows or elsewhere for small profit. If you do use our patterns to produce items to sell, we would appreciate Sew Practical receiving credit for the design.



<http://www.copyrightdeposit.com/rep8/0029480.htm>