

## Things You'll Be A Needin'

- 1/2" Yard Muslin
- Scrap Homespun
- Fiberfil Stuffing
- Disappearing Marker
- Black, Candy Bar Brown Paint
- Black DMC Floss
- Long Doll Needle
- 2 - 1/2" Black Buttons
- Rusty Bells and Wire
- Coffee Mix and Cinnamon
- Med. Sandpaper
- Black Sheeps Wool or Yarn
- Scrap Quilt and Cinnamon Sticks
- Grubby Tag

### Threadbare Primitives

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## Threadbare Primitives

Primitive Doll and Folk Art Patterns



#216 Grim Sister Giselle

**\*\*BEFORE YOU BEGIN\*\***

- \* Read all instructions thoroughly and assemble all the materials you will need before beginning.
- \* 1/4" seam allowance is not included on most pattern pieces. Tracing line is sewing line unless otherwise indicated. Refer to pattern.
- \* You may coffee stain your fabric before beginning your project or after. (or both!)

**\*\*TECHNIQUES FOR PRIMIN' IT\*\***

Coffee Stain Mix

\* Mix approx. 1/4 cup instant coffee with 1/2 cup water plus a pinch of vanilla extract. You may even add a hint of cinnamon to the mixture. For a lighter stain effect use instant tea. You may apply this with a sponge brush or squirt bottle.

Bakin' Your Prims

\* Some people like to bake their projects in the oven to "age" them a bit. If you choose to do this after coffee staining PLEASE WATCH IT CLOSELY! Slow dry your project in a warm 180 degree oven on a cookie sheet with the door left ajar just slightly. Turn your prim every so often to prevent scorching and allow it to dry evenly.

Sanding

\* The key to the prim look is careful sanding of your project. I use fine sandpaper. Medium is ok, just be careful, you don't want to sand straight through the fabric. Sand lightly all over. A little more in areas that would naturally show more age. Afterwards, you may rub lightly with cinnamon to "grubby" it up even more. Makes it smell good too!

Makin' a Prim Tag

\* Spray or brush coffee mix on tags, bake in oven at 180 degrees until dry. After they cool add your favorite prim saying.

\*Let's Get Started

Trace doll body, 2 arms and 2 legs and a pair of lips on to doubled muslin. The tracing line is the sewing line. With right sides together, sew body, arms and legs on the traced line leaving open where indicated on the pattern. Trim excess, clip curves, and turn and stuff all pieces firmly to the lines indicated on the pattern. Place legs, feet forward, into open body bottom and sew body bottom closed with the legs in the seam. Hand stitch the arms to the dolls body. Refer to the pattern for the proper placement of all items. Sew all the way around the lips on the traced line with right sides together. Make a small cut on one side of the lips and turn right side out. Stuff lightly with fiberfill and hand stitch opening closed. Draw the lip line on with your disappearing marker and machine stitch on that line. Trim threads. The nose, and eyebrows are pinch stitched. You may draw the facial features on with your disappearing marker to make it easier. Use a long length of black DMC floss and a long doll needle, and enter and exit at the back of doll below the neckline. With your doll needle enter at her back below the neckline. Come out on one side of her nose line and take a tiny stitch down the drawn line, cross over to the other side, (under the material) and come out at the other side of the line (under the material). Go back and forth like this all the way down her nose following the marked line. Each time you cross over to the other side, pull your thread a bit to make the nose puffy. Be sure to grab a bit of fiberfil each time you cross over. When you reach the end of her nose, exit at the back and tie off. Do the same thing for the eyebrows. Enter and exit below her neckline. Paint doll with thinned down black acrylic paint and let dry. Paint lips with Candy Bar Brown and let dry. Sand dolls body and lips all over with med. sandpaper, more in some areas and less in others to show uneven wear. Spray doll and lips with coffee mix and while wet rub the doll well with cinnamon and place on a cookie sheet. Do not rub the lips with cinnamon. Bake in the oven at 180 degrees til dry. Watch oven closely and turn often to prevent scorching.

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Remove from oven when dry and resand any areas you would like to show extra wear. Putting on the face is the most fun of all! Cut the two little muslin eye pieces. Spray them with your coffee solution and bake in the oven on a cookie sheet at 180 til dry. Position these muslin eye pieces on the dolls face using the pattern piece as a guide and place your buttons right over the top and stitch in place. I use black DMC floss for this. Place your dolls lips in position and stitch in place. Next we will need to give her some hair. Cut about 8 - 10 pieces of black sheeps wool or yarn into 2" pieces and get a small tooth comb and run through the wool till you make a big fuzz ball. Do this till you get quite a little pile of black fuzz. Now, roll the fuzz between your palms until it forms a long roll that will extend all the way around her head. Stitch to your dolls head at the points shown on the pattern or you may use a needle felting technique if you are more comfortable with that. Make it not too pretty for a really "GRIM" look. Add a little bow when you are finished.

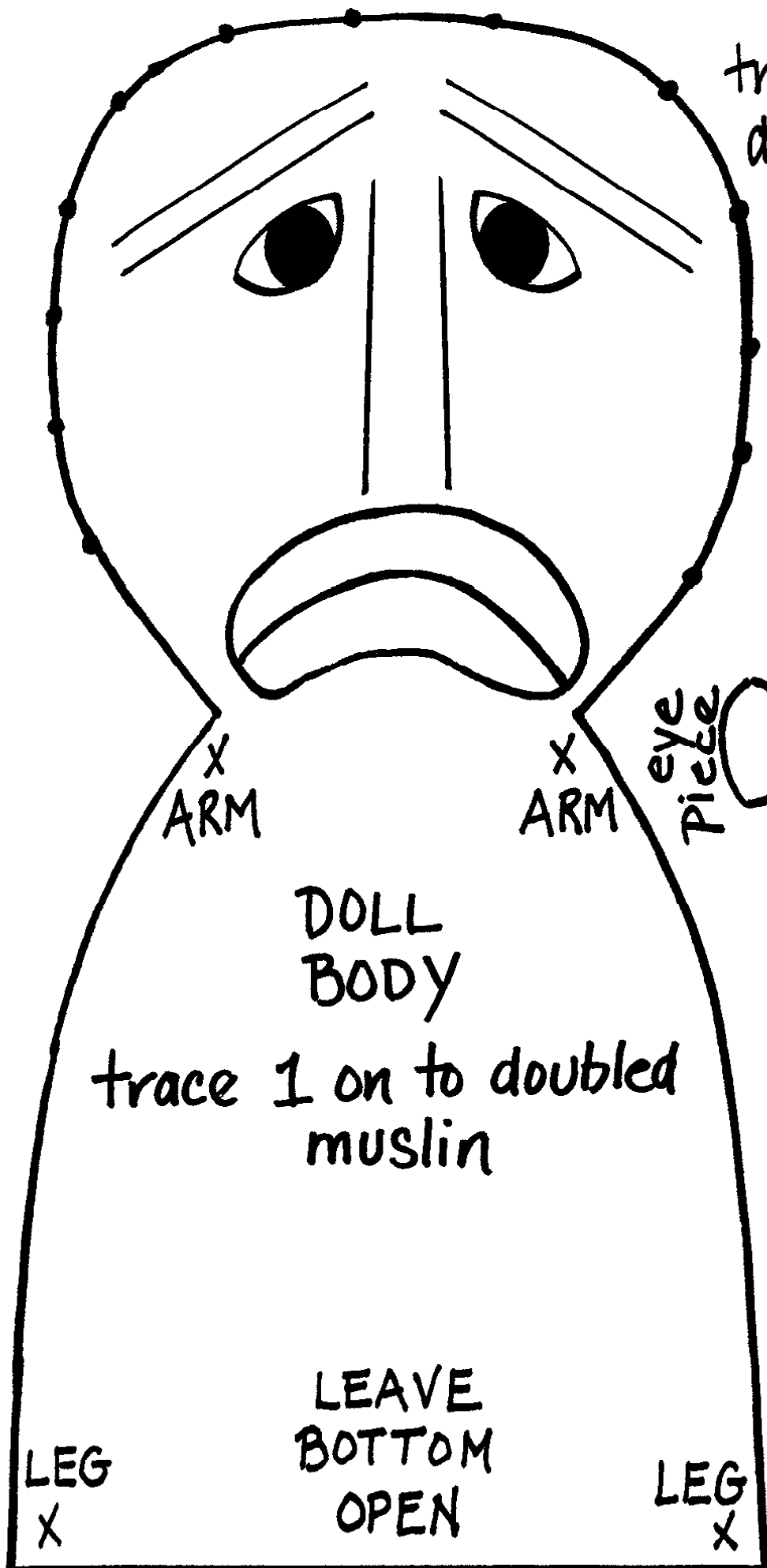
\*Gettin' Her Dressed

The sack dress is really easy! Simply rip or cut a piece of fabric 17" long x 6" wide. Find the center and cut a hole big enough for the head to fit through. (Check pattern diagram) To make the loons you need to cut or rip 2 pieces of homespun 8" x 6". With right sides together sew with a 1/4" seam down both 8" sides. Now find the middle of the loons and draw a line up the middle about 5". Sew around that line, up one side and down the other. Now cut right up the middle on the drawn line. Turn right side out. Take the dress and loons and soak in your coffee solution over night. Place the dolls dress and loons on a cookie sheet and bake in a 180 degree oven til dry. Watch closely and turn often to avoid burning them. When cool and dry you may dress your doll. Put the loons on the doll and tack in place. Put the dolls head through the dress hole and then tie the sides together with some black DMC floss to hold the prim dress together. I add grubby bows over the top of the DMC floss on each side of her waist. Cut a length of rusty wire and thread on rusty bells for a necklace.

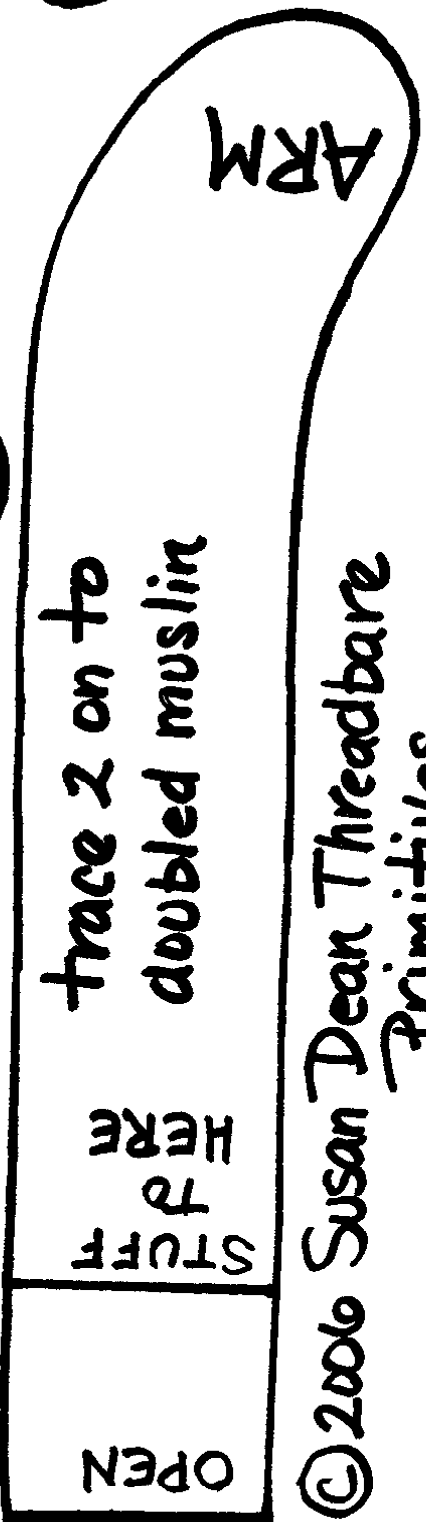
*\*Makin' The Quilt Sack*

Cut two pieces of old quilt (or if you don't have a scrap quilt just use homespun) 4" x 3 1/2". With right sides together sew around three sides, leaving one of the 3 1/2" sides open. (This is the top of the sack) Turn right side out. Now rip a piece of contrasting homespun 1" x 7". Tie a knot at each end of this ripped piece and stitch the knots to the sides of your quilt bag at the top of the open end. Spray the bag with your coffee solution and rub with cinnamon. Bake it in the oven on a cookie sheet at 180 til dry. Watch closely so it doesn't burn. When cool and dry fill with cinnamon sticks and place around your dolls neck. You may add a grubby tag if you wish!

Well...you're done! You have made the "Prim Sister Giselle!"

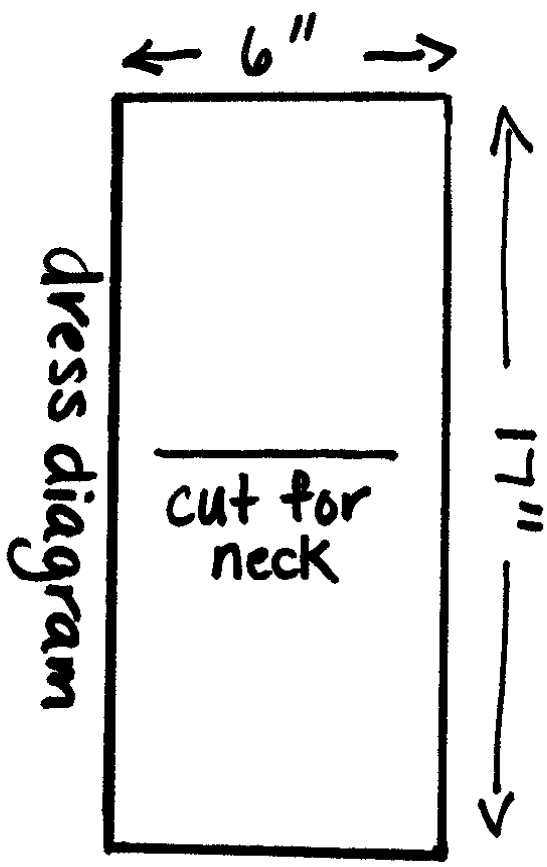
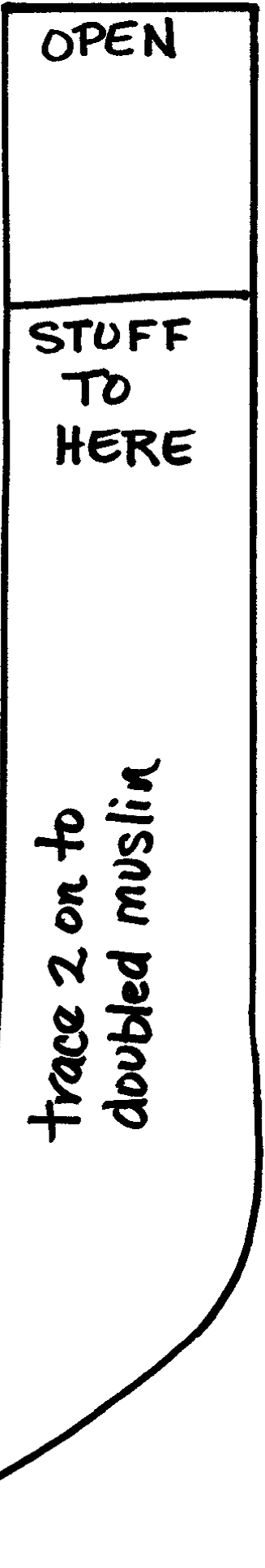


trace lips on to doubled muslin



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• attach 1" x 7" homespun here

