

Sew Practical  
Awareness Rag Quilt  
Pattern #60

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Quilt finishes at about 51" x 57". Not all pictures will match the fabric of the finished quilts. However, they do show the proper processes to complete the steps they are illustrating. Please read all instructions before beginning your project. Two supplies lists and two sets of instructions are given – one for a quilt using batting in the center and one without. Use the ribbon colors of your selected awareness that you wish to portray in your quilts. The one shown has a purple ribbon in awareness of Domestic Violence. You can find a list of ribbon colors at the following link: [http://en.wikipedia.org/wiki/List\\_of\\_awareness\\_ribbons](http://en.wikipedia.org/wiki/List_of_awareness_ribbons) or you can search through any of the following links I found during a Google search:

<http://www.google.com/search?q=awareness+ribbons&rls=com.microsoft:en-us&ie=UTF-8&oe=UTF-8&startIndex=&startPage=1>.

Feel free to make Awareness rag quilts to sell on Ebay, your website, craft shows and more. Please give designer credit to Sew Practical. No mass producing, please. Also great to give to friends or keep for yourself. For anyone who needs hope or who is looking for courage to fight evil or disease, or give as a remembrance quilt to those whose loved one lost a battle. Give to or sell for your selected awareness Charities.

### Meaning of the Colors

The ribbon color on the quilt is of course the color of the awareness ribbon. The black represents the evil or the disease. The reason for the ribbon being mainly in the black area is one of two reasons. It can either depict hope in the darkness of the evil or disease OR that the loved one lost the battle. The bright or happy shades represent the release of pain – either from recovery or crossing over.

### Supplies List 1 (Quilt with Batting)

- 1 ½ yards of **Fabric 1** – Solid Black or Black print
- 2 yards of **Fabric 2** – Happy or bright prints that coordinate with the ribbon color)
- 1 yard of **Fabric 3** – Color of awareness ribbon
- 4 ½ yards of **Fabric 4** – Flannel (I used a color that closely matched the ribbon color)
- 750 yards of Matching thread
- Crib size Bag of batting
- Row tags numbered 1 to 10 (Created from strips of scrap paper)

### Cutting

1. From Fabric 1, Cut (23) 7" squares. Cut (7) 7 ¾" squares then cut into 14 triangles as shown below. You'll use only 13 of these triangles.



2. From Fabric 2, cut (43) 7" squares. Cut (5) 7 ¾" squares then cut into 10 triangles as shown above. You'll use only 9 of these triangles.

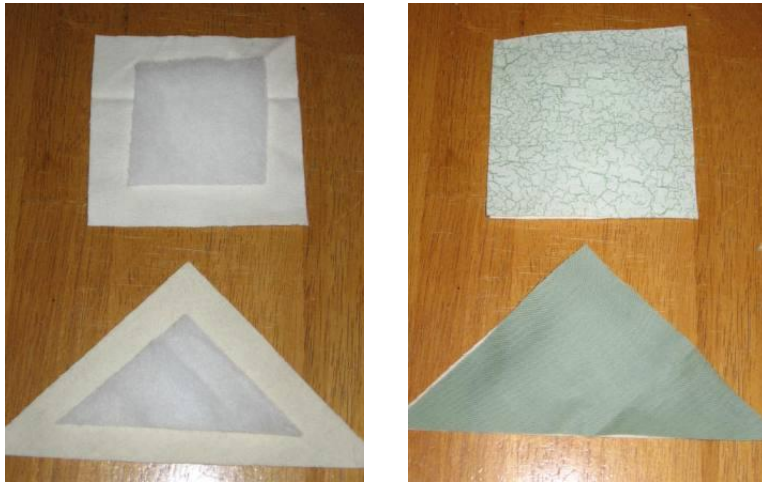
3. From Fabric 3, cut (11) 7" squares. Cut (2) 7 ¾" squares then cut into 4 triangles as shown above. You'll use all 4 of these triangles.

4. From Fabric 4, cut (77) 7" squares and (13) 7 ¾" squares. Cut the 7 ¾" squares in half just as you did the front fabric squares. You will have 26 triangles and you will use all 26 triangles.

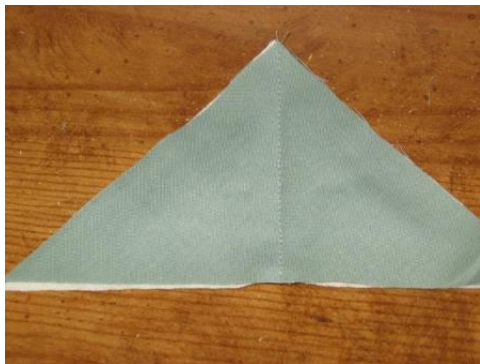
5. From batting, cut (77) 6" squares and (13) 6 ¾" squares. Cut the 6 ¾" squares in half just as you did the fabric squares.

## Create the Sandwiches

1. Stack sandwiches accordingly – backing on bottom, batting (centered) on top of backing, and front fabric on top.



2. To hold the triangle sandwiches together, stitch down the center as shown in picture below.



3. Sew the traditional “X” to hold the square sandwiches together.

## Sewing

1. Follow the quilt illustration at the end of these directions to sew the triangles together. Use  $\frac{1}{2}$ ” –  $\frac{5}{8}$ ” seam allowance. You will have a finished square of about 7”. Cut off the excess seam as shown below. Slip the center seams of the triangles.



Seam before cutting



Cut off excess



New size is about 7". Trim to 7" if necessary. Snip the Center seams.

2. Next follow the illustration at the end of these instructions to start sewing the squares together to create the rows. Use  $\frac{1}{2}$ " seam allowance again. Snip the seams after completing each row. Place row tags on the first square in each row so as to sew the rows together correctly and speedily later.

3. Sew row one to row two, snip seams. Sew row two to row three, snip seams. Continue through row 10 in this fashion.

**Washing instructions are at the end of these directions.**

### Supplies List 2 (Quilt without Batting)

- 3 yards of **Fabric 1** – Solid Black or Black print
- 4 yards of **Fabric 2** – Happy, bright or lighter shades
- 1 ½ yards of **Fabric 3** – Color of awareness ribbon
- 8 ½ yards of **Fabric 4** – Flannel (I used a color that closely matched the ribbon color)
- 750 yards of Matching thread
- Row tags numbered 1 to 10 (Created from strips of scrap paper)

### Cutting

Front fabrics will be doubled to replace of batting. Most of the instructions will remain the same.

1. From Fabric 1, Cut (46) 7" squares. Cut (13) 7 ¾" squares then cut into 26 triangles as shown below. You'll use all 26 of these triangles.



2. From Fabric 2, cut (86) 7" squares. Cut (9) 7 ¾" squares then cut into 18 triangles as shown above. You'll use all 18 of these triangles.

3. From Fabric 3, cut (22) 7" squares. Cut (4) 7 ¾" squares then cut into 8 triangles as shown above. You'll use all 8 of these triangles.

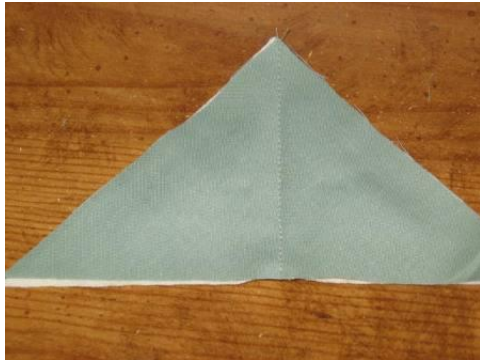
4. From Fabric 4, cut (77) 7" squares and (13) 7 ¾" squares. Cut the 7 ¾" squares in half just as you did the fabric squares. You will have 26 triangles and will use all 26.

## Create the Sandwiches

1. Stack sandwiches accordingly – backing on bottom and two matching front fabrics on top.



2. To hold the triangle sandwiches together, stitch down the center as shown in picture below.



3. Sew the traditional "X" to hold the square sandwiches together.

## Sewing

1. Follow the quilt illustration at the end of these directions to sew the triangles together. Use  $\frac{1}{2}$ " –  $\frac{5}{8}$ " seam allowance. You will have a finished square of about 7". Cut off the excess seam as shown below. Snip the center seams of the triangles.



Seam before cutting



Cut off excess



New size is about 7". Trim to 7" if necessary. Snip the Center seams.

2. Next follow the illustration at the end of these instructions to start sewing the squares together to create the rows. Use  $\frac{1}{2}$ " seam allowance again. Snip the seams after completing each row. Place row tags on the first square in each row so as to sew the rows together correctly and speedily later.

3. Sew row one to row two, snip seams. Sew row two to row three, snip seams. Continue through row 10 in this fashion.

### Washing and Drying

Some people prefer to do this part at the laundry mat. Wash on Gentle Cycle in cold water. Dry on low setting. If you use your home machines, be sure you start with a clean lint trap and check throughout the drying cycle for lint build up. Remove any excess of lint that collects in the trap. Shake well when drying is complete. Use a lint roller or vacuum cleaner and brush attachment to remove any remaining loose strings.



close-up of quilt



back of quilt

Feel free to make quilts for fun or for profit using this pattern. Email us at the email address above if you have any questions or to sign up for our quarterly newsletter which offers exclusive sales and give aways. Please give designer credit to Sew Practical.



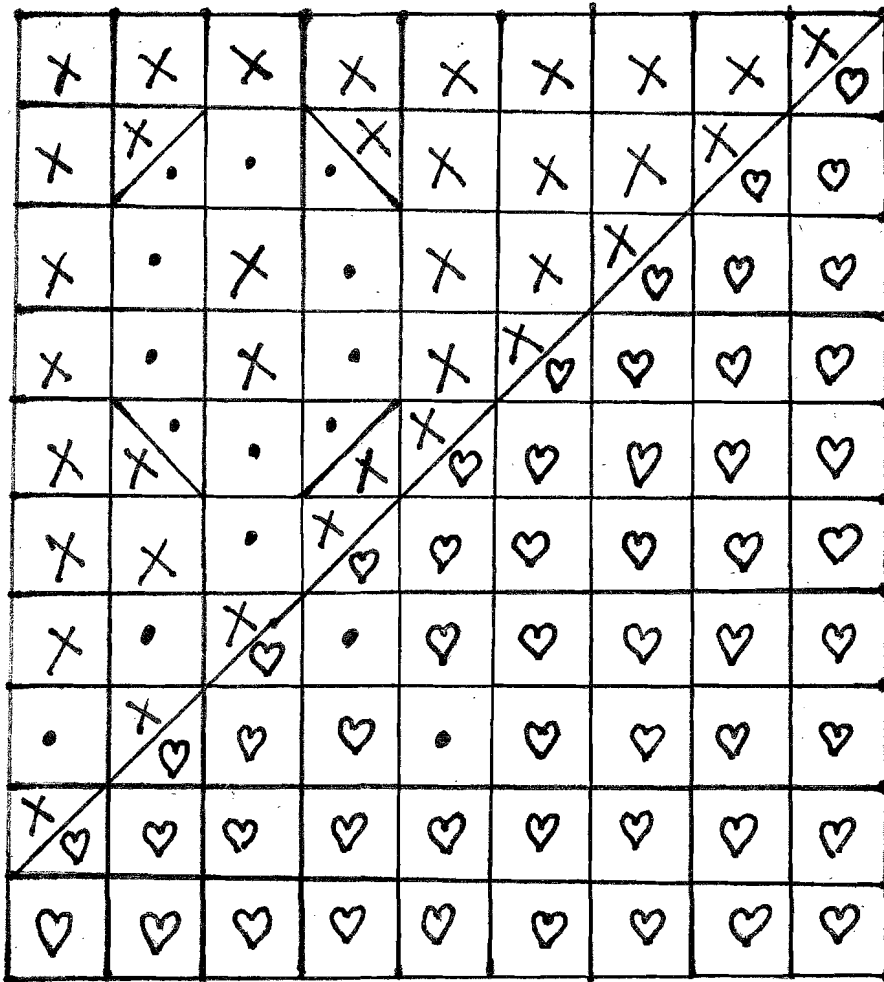
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[www.MarvsWindowsTips.com](http://www.MarvsWindowsTips.com)

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[www.PinkPotpourri.blogspot.com](http://www.PinkPotpourri.blogspot.com)



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- X Fabric 1
- ♥ Fabric 2
- Fabric 3